

# North Carolina Nurses Association 2010 Nurse Practitioner Spring Symposium

## Schedule Update February 2010

### Sunday, April 11

12:30-1:00 New attendee orientation (no CH)

1:00-2:15 PM: National NP Practice, Jan Towers, PhD, NP-C, CRNP, FAANP, FAAN (1.25 CH). Discuss national issues impacting NP practice.

2:30-3:45 PM: Nursing Issues on Jones Street/NC General Assembly, Joanne Stevens, RN, MSN (1.25 CH). Analyze state issues impacting nursing practice

4:00-5:15 PM: Aggressive Risk Factor Management in Prevention of Coronary Artery Disease: 2010, Wendy Wright, MS, RN, ARNP, FNP, FAANP (1.25 CH). Discuss the identification and treatment of risk factors that culminate in myocardial infarction and sudden death.

### Monday, April 12

7-8: Breakfast/presentation (no CE)

8:15-9:15 AM: Laboratory Evaluation: A Look at WBC's, Wendy Wright, MS, RN, ARNP, FNP, FAANP (1.0 CH) Discuss causes, evaluation, and treatment of low wbc's.

9:30-10:30 AM: Sudden Urges: Identifying and Managing Overactive Bladder, Sherri Saunders-Goldson, MS, RNC, WHPN, FAANP (This program is approved for 1.0 contact hour(s) of continuing education (which includes .025 hours of pharmacology) by the American Academy of Nurse Practitioners. Program ID 0912404. This program was planned in accordance with AANP CE Standards and Policies and AANP Commercial Support Standards.

10:30-11:30 Exhibits

11:30-12:30 Lunch/Screen and Brief Intervention and Referral (SBIRT) to Safe Prescribing, James Finch, MD (1.0 CH) Describe safe opioid prescribing.

12:30-1:30 PM Exhibits

1:30-2:30 PM: Women's Sexual Health: Addressing the Low Libido, Susan Wysocki, RNC, NP, FAANP. This program is approved for 1.0 contact hour(s) of continuing education (which includes .025 hours of pharmacology) by the American Academy of Nurse Practitioners. Program ID 0906240. This program was planned in accordance with AANP CE Standards and Policies and AANP Commercial Support Standards.

2:45-3:45 PM: Quit It: Guiding Effective Smoking Cessation in Primary Care, Andrea Brassard, DNSc, MPH, ANP This program is approved for 1.0 contact hour(s) of continuing education (which includes .025 hours of pharmacology) by the American Academy of Nurse Practitioners. Program ID 0905190. This program was planned in accordance with AANP CE Standards and Policies and AANP Commercial Support Standards.

4:00-5:00 PM: What Every Primary Care Provider Should Know about Colorectal Cancer, Walter Shepherd, MA (1.0 CH) Analyze the issues surrounding colorectal cancer in NC.

5:00-6:00 PM Exhibitor Reception

### Tuesday, April 13

7:00-8:00 AM: Breakfast/NC Board of Nursing Update, Eileen Kugler, RN, MSN, MPH, FNP (1.0 CH). Discuss regulatory issues and changes affecting NP practice in NC.

8:15-9:15 AM: Management of Celiac Disease: Gluten Free – Me? Denise Mollenkopf, MSN, NP. (1.0 CH) Describe identification of patients appropriate for celiac disease testing

8:15-9:15 AM: Quality of Life and Dementia: What Makes a Person a Person? Elizabeth Castillo, MD, PhD (1.0 CH) Explore dementia and quality of care issues.

9:30-10:30 AM: Basic Coding, Leslie Sharpe, RN, MSN, FNP-BC, (1.0 CH) Describe resources for codes and terminology.

9:30-10:30 AM: Update on Management of MRSA Infections, Ralph Updyke, AAS, BA, PA-C (1.0 CH) Analyze treatment of MRSA in the outpatient setting.

10:30-11:00 AM: Exhibits

11:00-12:00 Post-Stroke Management, Alex Schneider, MD (1.0 CH). Discuss post-stroke management and current therapies.

12:00-1:30 PM: Lunch/NCNA NP Council Meeting (no CH)

2:15-3:15 PM: Fibromyalgia Update, Wendy Leogrande, MSN, FNP-BC (1.0 CH) Identify diagnostic criteria and treatments for fibromyalgia.

2:15-3:15 PM: Coding Updates, Leslie Sharpe, RN, MSN, FNP-BC (1.0 CH) Discuss resources for advanced coding needs and newest recommendations.

3:30-4:30 PM: Nurse Practitioners As Entrepreneurs, Deborah C. Varnam, MSN, FNP-BC, (1.0 CH) Describe current trends in entrepreneurship by NP's.

3:30-4:30 PM: Management of Childhood Constipation, Denise Mollenkopf, MSN, NP (1.0 CH) Discuss effective diagnosis and management of childhood constipation.

4:45-5:45 PM: Update on HIV for the Primary Care Provider: 2010, Ralph Updyke, AAS, BA, PA-C (1.0 CH) Discuss the diagnosis and treatment option of HIV as they apply to primary care providers.

4:45-5:45 PM: Hypertension, William R. Hathaway, MD, FACC (1.0 CH) Apply current hypertension management guidelines to practice.

### **Wednesday, April 14**

7:00-8:00 AM: Breakfast/Advanced Heart Failure Treatments, Laura Blue, MSN, FNP-BC, (1.0 CH) Discuss current treatments for management of advanced heart failure.

8:15-9:15 AM: Bipolar Disorder, Stephen Buie, MD (1.0 CH) Identify signs and symptoms of bipolar spectrum disorders.

8:15-9:15 AM: Spiritual Care: Vital to Your Practice, Not Just Something Else for Your To Do List, Sara Hubbell, RN, MSN, NP-C, FCN (1.0 CH) Identify barriers and solutions to providing spiritual care.

9:30-10:30 AM: SOS: The Search for Community Resources, Christy Gee, RN, MSN, FNP-BC (1.0 CH) Verbalize and understanding of community resources available based on clinical need.

9:30-10:30 AM: When Adrenal Fatigue Diminishes Desire, Dona Caine-Frances, MSN, PMH-NP/CS (1.0 CH) Discuss testing and treatment options for adrenal fatigue.

10:45-11:45 AM: Multiple Sclerosis: Information and Update, Linda A. Moore, EdD, APRN, BC (ANP, GNP), MSCN (1.0 CH) Differentiate treatment requirements for MS patients and recognize when to refer them.

10:45-11:45 AM: Management of Mild/Moderate Traumatic Brain Injuries, Sally Cummings, EdD, FNP (1.0 CH) Discuss the various aspects of managing patients with traumatic brain injuries.

12:00-1:00 PM Lunch/Impact of Military Life on Children of Military Parents, Sally Cummings, EdD, FNP (1.0 CH) Discuss deployments and healthcare issues related to effect of combat experiences and injuries of a parent on the children of soldiers.

1:15-2:15 PM: Diabetes 2010, James K. Speed, MD (1.0 CH) Analyze current management options for diabetes mellitus.

1:15-2:15 PM: The Integration of Palliative Care into Mainstream Medicine, Niki Koesel, RN, MSN, ANP, ACHPN (1.0 CH) Recognize the difference between hospice and palliative care and the role that it serves within mainstream medicine.

2:30-3:30 PM: Prenatal Care and Women's Health, Christi Hunt, MD (1.0 CH) Identify current practices for prenatal care and women's health.

2:30-3:30 PM: Electronic Medical Records (EMR) Issues, Eleanor Hunt, RN, MSN, B-C (1.0 CH) Describe how EMR's affect NP practice.

3:45-4:45 PM: Osteoporosis – The Silent Disease, Rebecca Yates, BSN, MN, CNM, NCMP (1.0 CH) Describe the diagnosis and treatment of osteoporosis.

3:45-4:45 PM Sleep Disorders Speaker TBA (1.0 CH) Discuss current diagnosis and treatment options for patients with sleep disorders.

5:00-6:00 PM: ADHD, Patricia Outland, MSN, PMHNP-BC (1.0 CH) Discern differential diagnosis of ADHD and reasons for referral.

5:00-6:00 PM: Integrated Care: Psychiatry in Medicine, Patricia Cunningham, APRN, BC, PMHNP-BC (1.0 CH) Describe two models of collaborative care and articulate the advantages of integrated care.

## **Thursday, April 15**

7:00-8:00 Breakfast

8:00-9:00 AM: Novel H1N1: State of the State, Martha Salyers, MD, MPH, CEM (1.0 CH) Describe the novel H1N1 influenza pandemic and its implications for primary care providers.

9:15-10:15 AM: Top Ten Urgent Care Issues, V. Brooks Stewart, MD (1.0 CH) Explore evaluation and management of common urgent care presentations.

10:30-11:30 AM: Comprehensive Wellness Initiative – The Nurse Practitioner Role in Providing Optimal Health, Anne Rogers, RN, BSN, MPH (1.0 CH) Explain the Comprehensive Wellness Initiative and the role of the nurse practitioner in its implementation.

11:45-12:45 Breast Cancer Update, Susan Shinn, MSN, RN, AOCN, LNC (1.0 CH) Discuss the current diagnosis and treatment options for breast cancer patients.