

DISTRICT III BOARD

President

Kim Hutchinson
336 713-2238 (w)
khutchin@wfubmc.edu

President-Elect

Jonel Kinser
jkinser@wfubmc.edu

Secretary

Pat Mobley
pmobley99@windstream.net

Treasurer

Angie Wagner
aywagner@novanthealth.org



COMMITTEE CHAIRS

Program

Patty Vogler
pvogler@wfubmc.edu

Membership

Sharon Haney
shaney@wfubmc.edu

Legislative

Julie Jones
Julie.jj1955@gmail.com

Nominations

VACANT

Communications

VACANT

PulseLine



VOLUME IV ISSUE 2

MAY 2010

From the President's Pen...

Happy International Year of the Nurse! Happy Nurses Week!

I've been traveling a bit and recently while inflight returning to Greensboro airport overheard a gentleman explaining to his seatmate about how lovely the Triad region is, particularly this time of year. He continued with how our seasonal temperatures usually jump from winter to summer in literally, one day to the next. As I reflected both on the bountiful snowfall and the accompanying pristine tranquility this winter, I currently relish in the fleeting sights of spring, having capture these peeks with my camera, literally one day to the next.

With this Spring issue, I acknowledge and appreciate global recognition of the year 2010 as the "International Year of the Nurse" and want to share eye-candy scenes of the Triad area's white wintery blight and bright spring-time delights... visuals that we District III nurses all simultaneously basked in, either independently, interdependently, or codependently (see the psych nurse in me).

To date, District III has welcomed 39 new and returning NCNA members since August 2009. We see you on paper!! Want to see you in person!! Our next membership meeting is coming up in May – keep reading to find out who, what, when and where!

Your Board of Directors have been busy early this year reviewing, revising and updating our governing Bylaws. They are in conformance with NCNA-state-level, and are available for your reading pleasure on the www.ncnurses.org website under Regions – District III. Meeting minutes are there as well.

YOUR RESPONSIBILITY: Read them and be prepared to cast your "yea" or "nay" vote via surveymonkey **coming soon**. Those without email addresses will be contacted by postal mail. TAKE THE TIME TO HAVE YOUR SAY – WE ARE WORKING FOR YOU!!

Read on for news you can use, as we celebrate this special year of honor for nurses, and additionally for our patients and communities, because no matter where you sit or stand, our health structure and enterprises are a'changing.

Nurses, lets keep our eyes on the prize – the enterprise that is!

Please advise us of address and/or email changes so that we may provide you with communications from District III.

You may send changes to: khutchin@wfubmc.edu.

Recap from the January & March 2010 Membership Meetings...

By President Kim Hutchinson

We welcomed Sarah Grenon, RN, BSN and Kathleen O'Brien, RN, CNHPN in January and March, respectively, who spoke to us about caring. Sarah focused on caring for persons at the near-ending of life, while Katherine reminded us to extend focus on self care during the trajectory of our living lives. Both speakers reminded us of the central theme of professional nursing practice...

basic and genuine care intention and the art of offering self.

Be reminded to celebrate our lives and give thought each day to the fact that we can give.

Local Opportunities...

WANTED: Neurologically Active Mindsets...

NCNA responded to our *schools of nursing outreach* (SONO) grant request and has awarded us with funds to support the membership mission of NCNA. District III has 3 schools of nursing in our local vicinity – Winston Salem State University, Forsyth Technical College and Surry Community College. We are gearing up to host events which inform nurse-aspirants about the benefits of membership in professional associations. If you have a knack for creativity or know how to develop infomercials, you-tube vignettes, social marketing strategies, etc., then we need YOU to help us tap these soon-to-be-professional colleagues and get them inspired and fired up. Remember, these *young-uns* will soon be at our bedsides— so let's show them the way to go!!!

Professional Opportunities...

- May 5, 2010 Mental Health Day at BestHealth in Hanes mall (336 713-2378)
- American Nephrology Nurses—contact shaney@wfubmc.edu
- Medical Surgical Certification— contact shaney@wfubmc.edu
- NCNA Convention: October 6-8, 2010 at the Benton Convention Center in Winston Salem, NC
10 contact hours are available.

Nominate your self or another passionate nurse to serve as a delegate to the NCNA Convention. Our member numbers inform that we can have 15 appointed delegates and 3 alternates. Thanks in advance to all who have volunteered already. We still need additional volunteers! Call any Board member by June 30 to join us. We'll share details of the responsibilities later – just know that we're in this together!

May is Mental Health Month



Since January 1999, the silver ribbon was established as the official symbol "for promoting public awareness of the need for support of people with brain disorders and disabilities."

Always wear a silver ribbon...

- To show you care about someone with a brain disorder or disability
- To help break down barriers to treatment and support
- To help eliminate the stigma against those who suffer
- To show you believe there is HOPE through education and research.

ANA/NCNA Honorary Membership

NCNA/ANA Honorary Membership is offered to an individual nurse who has been a member of ANA, NCNA or another state nurses association for at least 40 years. Seems like a lifetime (really less than 1/2 a lifetime, according to Williard Scott!).

Our own Carol Koontz achieved and even exceeded this pinnacle, the result of holding membership for 46 continuous years! Carol, who works PRN at WFUBMC, was recently inducted into this hall of fame! She has been active as a local member and has held Board appointments.

The call is still out...can anyone top that??!



Members Highlight

Wake Forest University Baptist Medical Center 2010 Nurse Excellence Awardees

Amanda Clark
Martha Wyrick

Novant Health 2010 Remarkable 45! Awardees

Marion Braden
Karen Olsen
Mary Jo Weavil



At the Next Membership Meeting...

"Is There a Nurse in the House"

Wednesday, May 19, 2010
5:30pm - 7:30pm
The Piedmont Club
BB & T Financial Center,
200 W. 2nd Street - 19th floor
Winston-Salem, N.C.

Bring a Friend!

\$16 cost for buffet meal, gratuity and parking!
(checks or cash preferred)

Presenter:

Dr. Ann Newman

1st NC nurse running for a seat in
the House of Representatives!

PLEASE RSVP
Free CE Credits for members/\$25 for non-members

The following District III committee positions are vacant:

- **Nominations** - works to get our slate of officers for future nominations.
- **Communications**—develops/distributes newsletter and preserves documents.



The following District III committee positions will open July 2010:

- **Treasurer**—receives and accounts for all funds associated with District III.

Contact Kim Hutchinson at khutchin@wfubmc.edu

Kim Hutchinson, RN
NCNA District III President

Please support NCNA by becoming a fan of our Facebook page at:
[ncnurses](https://www.facebook.com/ncnurses)

www.facebook.com/ncnurses

North Carolina Nurses Association

PO Box 12025
Raleigh, NC 27605-2025
800-626-2153
www.ncnurses.org

